



Training Services

COURSE CONTENTS

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What is this course about?

This course will give the candidate a clear understanding of the relevant legislation relating to the safe use of ladders and stepladders in the workplace. The Health and Safety Executive have not banned ladder use but clearly want users to understand the limitations of ladders and ensure ladders and stepladders used in the workplace are fit for purpose and maintained in effective working order. This course covers the main issues stated in Industry Guidance 402 / 405 and the work at height regulations 2005.

Who would benefit from this course?

This course is aimed at anyone who is required to use ladders and or stepladders whilst at work. There is increasingly new technology related to the safe use of ladders and a growing trend towards fixing ladders securely so that persons can attach to the ladder using (personal ladder safety kits) fall protection equipment such as harness and lanyards.

The following key issues are covered:

- An outline of relevant legislation and safe working practices
- Hierarchy of Control Methods for working at height
- Personal Protective Equipment Regulations

Requirements for Ladders & Stepladders Work Equipment:

- Relevant European standards and codes markings, CE, EN, BSEN
 - Compatibility issues with other PPE equipment.
 - Manufacturers Statement of Obsolescence (where applicable)
 - User manuals and Instructions for use
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- Reasons for inspecting and checking ladders stepladders
 - Pre-use Inspection of the equipment by users.
 - Understanding of the principles of INDG 402
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- Recognition of different faults and issues with ladders & stepladders
 - Identification and application of remedial actions available
 - Examples of different ladder faults and damage
 - Key issues relating to destruction and disposal of ladders & stepladders
 - Key issues relating to recording findings of inspection
 - Advice on record keeping

This course involves all candidates completing:

- Practical inspection of ladders & stepladders
- Written report of inspection
- A written assessment consisting of a multiple choice question paper
- A training pack will be issued to all candidates on this course.

Please refer to our frequently asked questions for more information on training requirements