



## Training Services

### COURSE CONTENTS

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#### What is this course about?

This course will give the candidates a basic understanding of the relevant legislation with a focus on the requirement to safely use fall protection equipment on a tower crane system. The course covers three key areas, the pre work checks, safe work at height activity, emergency situations. Depending on the type of fall protection equipment used there may be certain advantages and disadvantages which are discussed throughout the training.

#### What equipment is appropriate?

There are many types of fall protection equipment available and the customer should provide information on what type is currently being used. If necessary the trainer can advise on selection. This also applies to the type of rescue equipment that would be subsequently used. You are strongly advised to call and discuss your requirements with our administrator to ensure you are booking a course that will meet your requirements (in many cases we offer a free consultation service). Some courses require an area and or structure to be supplied by the customer to carry out the practical training element.

#### The following issues need to be considered:

- An outline of relevant legislation and safe working practices.
- Hierarchy of control methods for working at height.
- Risk assessment prior to commencing
- How the equipment is designed to be used
- The need for suitable and reliable anchorages
- Reasons for inspecting and checking fall protection equipment
- Pre-use Inspection of the equipment by users.
- Limitations of the selected equipment
  
- Emergency planning issues
- Post fall suspension issues
- Personnel involved in the rescue
- Managing the rescue environment
- The selected rescue equipment
- Other rescue equipment considerations

#### Requirements for Rescue Equipment Devices:

- Relevant European standards and codes, markings, CE, EN, BSEN
- User manuals and Instructions for use, training
- Manufacturers Statement of Obsolescence (where applicable)
- Compatibility issues with other PPE equipment

#### The practical element of this course involves all candidates completing:

- Inspection of the equipment before use
- Preparation of the relevant equipment
- Safe use of the fall protection equipment whilst working at height
- Inspection and storage of equipment
- An assessment form will be completed by the trainer for each candidate to establish if the required standard has been achieved. Candidates may pass with conditions and or restrictions.

**Please refer to our frequently asked questions on our website for more information on training requirements**